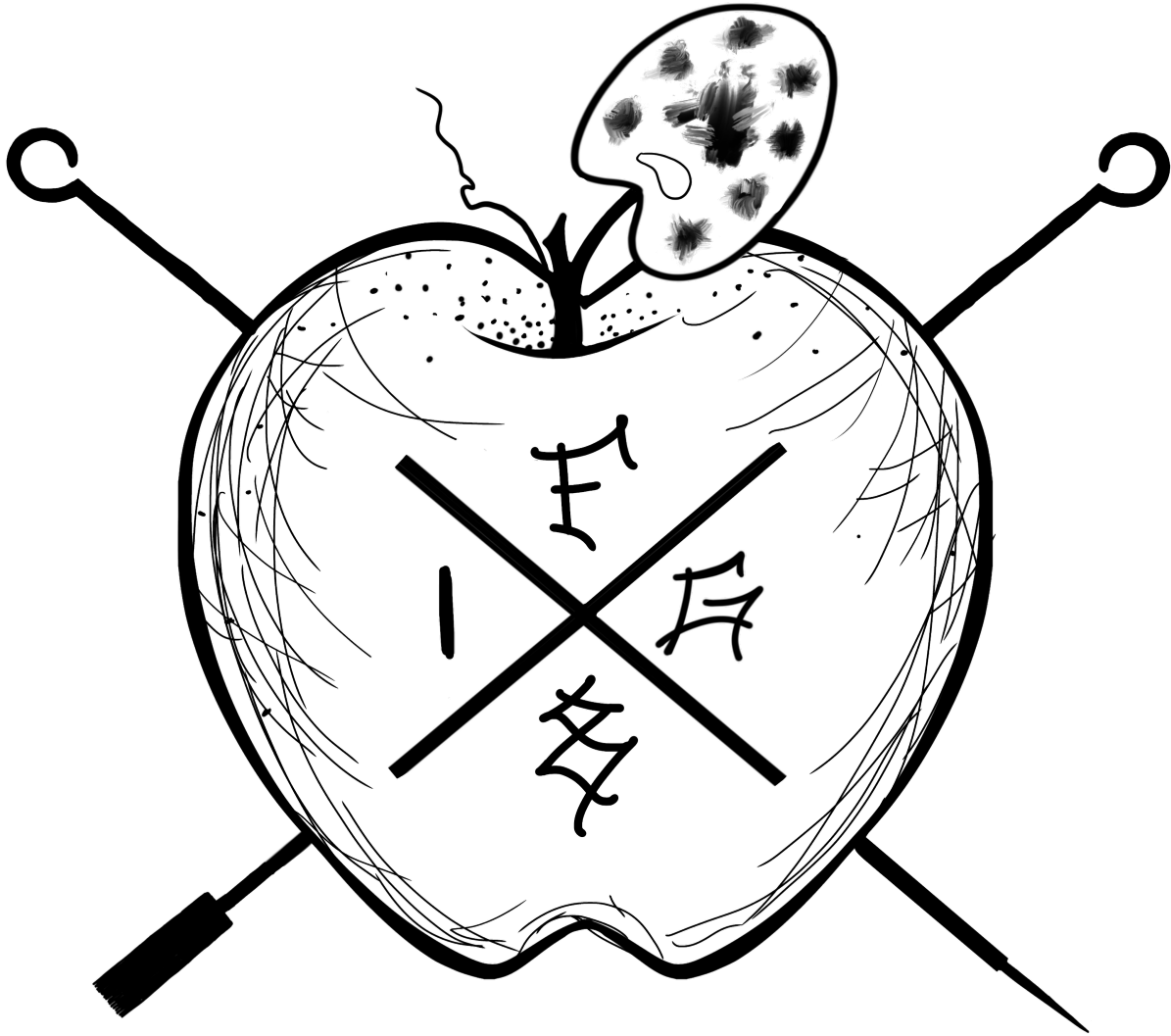


## Tattoo Aftercare Sheet

### “Ointment & Antibacterial Soap Method”



Remove bandage after 1-4 hours at your convenience. If your tattoo is bigger/higher trauma (color, solid, sensitive areas) leave the bandage on the full 4 hours to finish the majority of seeping. If it's smaller, majority linework, etc you can take it off sooner.

Wash your hands with antibacterial soap, then wash your tattoo with **antibacterial soap** (we like dial foaming hand soap, dr. Bronner's, or soap made for tattoo aftercare like Redemption), using your fingertips (not washcloth or anything abrasive)

Rinse thoroughly and gently with lukewarm water. Make sure any loose plasma or ink chunks rinse away, but do not pick them off manually. Pat dry gently with a clean, fresh towel or paper towel. Allow your tattoo to air dry another 5-10 mins or longer.

When dry, apply a very SMALL amount of **healing ointment** (we prefer Redemption brand, or other ointment made for tattoos; or next best is aquaphor). Rub into tattoo gently with clean fingertips. When done tattoo should have a sheen but not overly covered gooped in ointment. Do not re-cover with any kind of wrapping. Be mindful of the area and try to avoid touching it against any dirty surfaces.

Repeat this process at least 2 times daily, extra if you get sweaty or dirty. If you want extra protection for the tattoo your first night or in the first few days at work/around contaminants like pets or kids, you may, after the ointment is applied, use a clean, loose cotton/natural fiber garment over it that you don't mind getting a little excess ink or ointment on. We do recommend letting fresh tattoos breath uncovered as much as possible.

After 4-5 days, when you notice your tattoo go into the next stage of healing (shiny/dry/itchy/peeling), gradually switch to an **unscented lotion** (For example Lubriderm or Jergens) to moisturize your tattoo several times a day, as it appears dry. Always make sure your hands are clean when you are treating your tattoo. Let it dry out between lotion applications.

**DO NOT** pick, scratch, or peel any loose skins or scabs! They will come off when ready naturally, or while gently washing or applying moisturizer.

**DO NOT** soak your tattoo in pools, oceans, baths, hot tubs, etc for 2-3 weeks; as the soaking and bacteria contamination could seriously damage your tattoo or cause infection.

**NO** direct sunlight until completely healed. Once healed if you cannot prevent exposure to the sun then apply maximum strength sun block (45 spf or higher) to keep your colors bright and new! Sun exposure is the leading cause of tattoos fading, and loosing clarity over time.

**BE AWARE** that during the first few days of healing the tattoo might seep ink, blood, or lymph which may stain clothing, sheets, or other fabrics.

For any questions or concerns feel free to call or email us! Check out our app for even more aftercare and tattooing resources.

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